

Healing Prayer (Jewish Tradition)

God, hear my prayer,
And let my cry come to You.
Do not hide from me in the day of my
distress.
Turn to me and speedily answer my
prayer.
Eternal God, Source of healing,
out of my distress I call upon You.
Help me sense Your presence at this
difficult time.
Grant me patience when the hours are
heavy;
In hurt or disappointment give me
courage.
Keep me trustful in Your love.
Give me strength for today, and hope
for tomorrow.
To your loving hands I commit my
spirit.
When asleep and when awake You are
with me;
I shall not fear.

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