

## **A Prayer At the End of the Day**

Heavenly Father, I close this day with thoughts of you. All day long, you have watched over me.

I thank you for the gift of this day and the things I was able to experience and enjoy. I thank you for providing food which gave me strength and energy to do the things I did throughout the day.

As I close my eyes calm my mind and give me peace. Watch over me and give me a good night's rest.

Give your angels charge over all of us this night and every night as long as our lives shall last.

In your name, Amen.

*Thou will keep him in perfect peace,  
whose mind is stayed on thee.*

Isaiah 26:3

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