

## **A Prayer For Support**

O God, You know the disappointment, the discouragement, the anxiety, the loneliness, and yes, even the anger I feel because my prognosis is not good.

I can only pray that you will give me and my loved ones the strength to face what ever lies ahead.

Help me not to panic.

Let us be open and honest with one another, and enable us to make the most and the best of each moment of each day we have.

*Be gracious to me, O God,  
be gracious to me,  
For I have taken refuge in you;  
And in the shadow of your wings  
will I take refuge  
until this time of trouble has gone by.*

Psalm 57:1

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